

# TEAM NEVHC 2017

*Healthy Living Has No Finish Line*



It's that time of year again! TEAM NEVHC will participate in the Santa Clarita Marathon on November 5, 2017, and we WANT you on the team! Last year, from TEAM NEVHC, Dr. Gina Johnson ran a great race and defended her title for the second year in a row as the overall female half-marathon winner. The top individual fundraiser was William Garcia who raised over \$600 and helped TEAM NEVHC raise close to \$28,000 for patient services. TEAM NEVHC YOU ROCK!

This year, we are dedicating the 2017 TEAM NEVHC fundraising efforts to NEVHC's Asthma Program, which provides the education, outreach and health services needed to improve the quality of life for our asthma patients.

Don't miss out! Join the team for some fun, set more records and raise much-needed funds for NEVHC's Asthma Program. As a TEAM NEVHC member, you will receive a team T-shirt. Just like last year, there will be great prizes for race winners, top fundraisers, and raffles prizes for participants.

The City of Santa Clarita will host a free, pre-race Health and Fitness Expo with dozens of health and fitness booths. The Health and Fitness Expo is scheduled for Saturday, November 4, 2017, from 9 a.m. to 5 p.m. at Westfield Valencia Town Center on Town Center Drive. Participants will have the opportunity to pick up their race packets at the Expo with a photo ID.

The Santa Clarita Marathon offers different levels of races, including a full marathon, two-person marathon relay, half-marathon, a 5K run, the Mayor's walk and a Kids K run. The start line is between the Hyatt Valencia and Westfield Town Center.

PLEASE REMEMBER YOU MUST:

- (1) COMPLETE THE TEAM NEVHC PACKET and
- (2) REGISTER ONLINE AT [SCMARATHON.ORG](http://SCMARATHON.ORG).

**Use code NVHC for a 10% discount, valid until Oct. 29, 2017.**

## **MARATHON—STARTS AT 7:00 AM**

Early Registration: \$80  
After September 30: \$90  
Expo Registration: \$100

Starting between the Hyatt Valencia and Westfield Valencia Town Center, the looped course follows 26.2 miles of roadways, paved City trails, and paseos to its finish line at Westfield Valencia Town Center. The Santa Clarita Marathon is a Boston qualifier and is USATF certified. Marathon participants must stay under a 15-minute per mile pace to stay ahead of course shut down.

## **HALF MARATHON—STARTS AT 7:00 AM**

Early Registration: \$60  
After September 30: \$70  
Expo Registration: \$80

The Half Marathon starts simultaneously with the Marathon, following the same course but breaking away after mile 12 for a 13.1 mile finish at Westfield Valencia Town Center. The elevation for the Marathon and Half Marathon is relatively flat, but includes some switchbacks and short inclines and declines on paseo bridges crossing over and under main City streets.

RACE INFORMATION



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## **5K RUN—STARTS AT 7:00 AM**

Early Registration: \$30  
After September 30: \$40  
Expo Registration: \$50

The 5K Run is a looped 3.1 mile course that will start and end at Westfield Valencia Town Center. This run is great choice for all ages and all paces. Walkers are encouraged to participate in the Mayors' Walk.

*A chip timing system will be used for the Marathon, Half-Marathon, and 5K. To score in these races, you must wear the chip on your shoe during the race.*

## **MAYOR'S WALK—STARTS AT 7:00 AM**

Early Registration: \$10  
After September 30: \$15  
Expo Registration: \$25

If you've been looking for a way to get involved with the Santa Clarita Marathon, but running just isn't your pace, then the Mayor's Walk is for you. This 3-mile community walk is safe, simple, and doesn't require much training. The Mayor will lead this year's walk, which kicks off just steps away from the Marathon start line at Mall Entrance and McBean Pkwy. The course follows much of the 5K course and concludes at the official finish line site.

*All participants receive a Mayor's Walk finisher's medal and T-shirt.*

## **KID K FUN RUN—STARTS AT 8:00 AM**

Early Registration: \$10  
After September 30: \$15  
Expo Registration: \$25

Designed to promote health and fitness among children, this non-competitive event for ages 12 and under is a quarter-mile course starting and finishing at Westfield Valencia Town Center. Parents may accompany small children.

RACE INFORMATION CONTINUED



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## To become a member of TEAM NEVHC:

1. Every participant must complete this form and email to Tanya Gonzalez at [tanyagonzalez@nevhc.org](mailto:tanyagonzalez@nevhc.org) or fax to (818) 270-9592.
2. Walkers and runners: Register for race at [www.scmarathon.org](http://www.scmarathon.org) (10% discount code: NVHC).
3. Volunteers call or email Angelica Galindo at (818) 270-9576 or [angelicagalindo@nevhc.org](mailto:angelicagalindo@nevhc.org).

As a volunteer, walker or runner you are asked to help NEVHC by asking friends, family, neighbors and local businesses to support you with a pledge/contribution for your participation in the Santa Clarita Marathon. Registration fees for races are used by the City of Santa Clarita to cover the cost of the event. *All pledges and contributions will directly benefit NEVHC's Asthma Program (see donor form).*

**\*All TEAM NEVHC members are kindly asked to raise at least \$20 to cover the cost of team T-shirts.**

- Yes, I want to be part of TEAM NEVHC! I will make an effort to raise much needed funds for programs and services in our community.*

## Contact Information:

Name: \_\_\_\_\_ Work Site: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact name and phone #: \_\_\_\_\_

My T-Shirt type (Men's / Women's) & size is (S, M, L, XL): \_\_\_\_\_

Do you need us to pick up your race packet at the Expo? Yes \_\_\_\_\_ or No \_\_\_\_\_

*(Race packets will be distributed the morning of the event before the TEAM NEVHC photo on Sunday, November 5.)*

## I will Participate in the:

- |                                       |   |  |
|---------------------------------------|---|--|
| <input type="checkbox"/> Marathon     | <input type="checkbox"/> 2-Person Relay | <input type="checkbox"/> Volunteer (Water Station) |
| <input type="checkbox"/> 5K Run       | <input type="checkbox"/> Half Marathon  |  |
| <input type="checkbox"/> Mayor's Walk | <input type="checkbox"/> Kid K Fun Run  |  |

*Waiver: I hereby waive all claims against NEVHC, its sponsors, or any personnel of any injury I might suffer in this event. I attest that I am physically fit and prepared for the event. I grant full permission for organizers to use photographs, videos, and quotations from me in legitimate social media accounts and promotions of this event.*

Participant Signature: \_\_\_\_\_

RUNNER | WALKER | VOLUNTEER FORM



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TEAM NEVHC Member: \_\_\_\_\_  
 Work Site: \_\_\_\_\_  
 Address/City/Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email Address: \_\_\_\_\_

**INSTRUCTIONS: Please be sure to complete ALL information**

1. Record all donations received & place in the collection envelope.
2. Donations by check or money order are payable to Northeast Valley Health Corporation.
3. Contributions may be turned in weekly to your assigned collection volunteer.
4. Deadline for all donations is Friday, November 10, 2017 in order to be entered in a raffle.
5. Everyone who raises at least \$40 will be eligible for all raffles.
6. For more information or if you have any questions, please contact Tanya Gonzalez at (818) 270-9577 or tanyagonzalez@nevhc.org.

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SPONSORSHIP & DONATION FORM

