



# CHIRLA

Coalition for Humane  
Immigrant Rights

## DURING THIS PANDEMIC

# IMMIGRANT

## Protect your family,

## Get informed,

# KNOW YOUR RIGHTS



**Medi-Cal** is California's health program that offers free or low-cost health coverage for its residents who meet eligibility requirements.

### Who is eligible for Medi-Cal?

- Green card holders, ages 19 to 64, who meet the income requirement.
- Regardless of their immigration status, California children under 19 qualify for full-scope Medi-Cal.
- Survivors of domestic violence, or those in the process of adjusting their legal status, might also be able to receive Medi-Cal.
- If you are a DACA beneficiary, you may qualify to receive full Medi-Cal.
- Undocumented people are eligible for Emergency Medi-Cal.
- Undocumented pregnant women are eligible for Medi-Cal.

[Find out if you are eligible here](#)



### COVID-19 RESOURCES:

1. **Regardless of your immigration status**, if you think you have been exposed to COVID-19 or resembling symptoms, call your healthcare provider or your local community clinic for medical advice.

[Locate a community clinic near you](#)

2. USCIS will not consider testing, treatment or preventive care related to COVID-19 as part of the public charge determination.

[Find out more information](#)

CHIRLA's mission is to  
*achieve a just society fully  
inclusive of immigrants.*

CHIRLA's Hotline:  
1.888.624.4752





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### **Workers' Rights and Unemployment Benefits**

In California there are several laws that protect immigrant workers from wage theft, retaliation and workplace abuses.

**If you are an unauthorized immigrant worker, you may be eligible for:**

- **Paid Sick leave** (depending on employee's accrual time).
- **State Disability Insurance:** If you cannot work for a temporary period of time because of an illness, injury or pregnancy.
- **Workers' Compensation:** If you are disabled because of an injury that occurred on the job, or because of unhealthy, unsafe, or stressful conditions at work.

[Learn more about your workers' rights](#)

**If you have DACA (and a valid work permit), Temporary Protected Status (TPS) or legal permanent residency, you may be eligible for:**

- **Unemployment Insurance**
- **State Disability Insurance**
- **Paid Sick leave and Paid Family Leave**
- **Worker's Compensation**

[Learn more about your unemployment benefits](#)

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## Food Programs

### Who is eligible for CalFresh (Food Stamps)?

Individuals or households whose income is low enough and meet other eligibility factors, can get CalFresh benefits. U.S. citizens, legal residents, and some “qualified” immigrants may receive CalFresh benefits.

### Who is eligible for WIC?

Pregnant women, new mothers, infants and young children under 5 years of age, regardless of their immigration status. **WIC is completely FREE** and will not be considered as part of the public charge test.

### Who is eligible for School Meal Program?

All low-income students are eligible for free or very low-cost school meals, regardless of immigration status.

### Senior Meal Programs:

Anyone 60+ years old can participate in congregate meal programs, regardless of their income.

### Find a center near you

### Meals on Wheels:

For people who are unable to cook or shop due to illness, frailty, or disability. Some programs can provide for special diets.

### Learn if you are eligible to any food program



### COVID-19 RESOURCES:

LAUSD offers Grab & Go lunches throughout LA County.

[Find a center near you](#)

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### Financial Assistance

Cash assistance programs are available to some documented people who meet the low-income eligibility requirements.

### CAPI:

Cash Assistance Program for Immigrants is a California program that provides cash assistance to low-income seniors and persons with disabilities who are not eligible for federal SSI due to their immigration status.

### Who is eligible for CAPI?

- Seniors older than 65
- Legal Permanent Residents (LPRs)
- People with U Visa
- People with disabilities
- Refugees and Asylees
- Applicants of The Violence Against Women Act (VAWA)

[Learn if you are eligible.](#)

### General Relief (GR):

General Relief is a County-funded program that provides financial assistance to indigent adults who are ineligible for federal or State programs. If you qualify for GR, you are also entitled to Medi-Cal for health care and CalFresh for food.

### Who is eligible for GR?

- Legal Permanent Residents (LPRs)
- People with U Visa
- Refugees
- Applicants of The Violence Against Women Act (VAWA)

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### Public Utilities

(gas, power, water, telephone, internet):

There are local and state utilities assistance programs that can provide support during unsettling and unprecedented times.

### Who is eligible for utilities assistance programs?

Customers already enrolled in public programs may be eligible to lower their utilities bills.

### Public Assistance Programs

- Bureau of Indian Affairs General Assistance
- CalFresh/SNAP (Food Stamps)
- CalWorks (TANF)/Tribal TANF
- Head Start Income Eligible (Tribal Only)
- LIHEAP
- Medi-Cal/Medicaid
- National School Lunch Program (NSLP)
- Supplemental Security Income (SSI)
- WIC



### COVID-19 RESOURCES:

Southern California Edison, Pacific Gas & Electric, San Diego Gas & Electric and Pacific Power will not shut off customers' services for non-payment as the Coronavirus continues to disrupt daily life.

[Find your service provider and get more information](#)

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### Eviction Moratorium:

Los Angeles County officials announced a moratorium on evictions for residential tenants and small businesses in the city of Los Angeles and unincorporated areas of the County. During this period, those who are able to show inability to pay rent due to circumstances related to the COVID-19, cannot be evicted.



### COVID-19 RESOURCES:

- Residents and businesses will be protected from utility shut offs and late fees from March 4 through May 31, 2020.
  - Residents and businesses will have up to six months after May 31 to pay any back rent owed.
1. The County plans to assist small businesses in applying for loans through the U.S. Small Business Administration.
  2. Los Angeles County would like to work with utility and service providers to waive late fees and forgo service disconnections for tenants and small businesses who have been impacted.
  3. The County will consider collaborating with banks and mortgage lenders to waive late fees, forgo notices of default and delay other actions to foreclose on property.

[Learn more about the Eviction Moratorium](#)

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### COVID-19 RESOURCES

#### Parking Ticket Moratorium:

#### City of Los Angeles

- Moratorium on ticketing and towing for abandoned vehicles and overnight parking.
- Freeze on parking fine for 60 days.
- Extending grace period for people stopped at pick up or drop off areas.
- Immediate extension on all deadlines for payment until June 1, 2020.

[Learn more about the parking moratorium](#)

#### Consumer and Business Affairs:

#### County of Los Angeles

- Check travel cancellation and refund policies for possible refunds or credits on booked flights, cruises and train trips. You may contact the company for options.
- **Report Price Gouging:** Increasing prices over 10% on certain necessities and products is illegal. If you believe that you have been a victim of price gouging or you suspect a business is price gouging, contact the *Los Angeles County Department of Consumer Affairs*.

[Find out more about your protections as a consumer.](#)

[Please contact your local government for more resources](#)

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