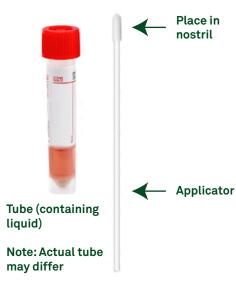
## FOR HEALTHCARE PROFESSIONAL OBSERVED SELF-COLLECTION ONLY AND NOT FOR IN-HOME USE

## **Self-Collection Instructions**



Nasal (Anterior Nares) collection

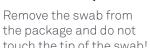
## **Collection kit components**



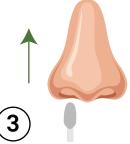
- Do not use if you are under the age of 18 years old without adult supervision, on blood thinners, or have had a previous trauma to vour nose.
- Read the instructions carefully before starting.
- Once the swab is inserted, your nose may feel very full. If you feel pain at any time during your collection, stop and notify the on-site healthcare professional (if available) or call your doctor to guide you with your collection.
- Do not use the liquid in the tube to wet the swab, or to lubricate your nostrils. Do not drink the liquid.
- Do not touch the swab tip with your finger, or with anything else except your nose and the tube liquid. If the swab tip touches anything, then alert the on-site healthcare professional or contact Quest Diagnostics at 1.855.332.2533 for another swab.
- Do not use the swab on more than one person. Sharing a swab with someone else can cause an infection.



- Peel off the label with your name and date of birth from the bottom of the test requisition and place it on the tube.
- If a pre-filled label is not available, write your name and date of birth on the tube label with a blue or black pen.



touch the tip of the swab!



Position head slightly back, and insert the swab into the LEFT nostril, about one inch.



- Rotate the swab in a circular motion around the entire inside edge of the nostril. Do this 2 times and then keep it in place for 15 seconds.
- Repeat the same process in the RIGHT nostril using the same swab.



- While holding the swab, remove the cap from the tube. Do not spill or drink the liquid.
- Insert the swab into the tube so the tip is touching the bottom of the tube and the shaft of the swab is resting against the rim of the tube.



Break the swab handle against the side of the tube at perforated break point.



- Screw the cap onto the tube and place the tube into the bag. Ensure the paper requisition is placed in the bag (if applicable). Seal the bag.
- Place the collection bag and test requisition in the box and close the lid.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. 1.844.698.1022. ATENCIÓN: Si habla español (Spanish), tiene a su disposición servicios gratuitos de asistencia lingüística. 1.844.698.1022. 注意: 如果您使用繁體 中文 (Chinese), 您可以免費獲得語言援助服務. 1.844.698.1022. Quest Diagnostics.com/home/nondiscrimination/ Quest, Quest Diagnostics, any associated logos, and all associated Quest Diagnostics registered or unregistered trademarks are the property of Quest Diagnostics. All third-party marks-@ and M- are the property of their respective owners. @2020 Quest Diagnostics Incorporated. All rights reserved. 05/2020.