

JOIN US ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association®



July 2021

Support Groups for Caregivers

First & Third **Monday** of the month, 5:30-7 PM PDT
Last **Monday** of the month, 7-9 PM PDT
Second **Tuesday** of the month, 7-9 PM PDT
Second **Wednesday** of the month, 5-6 PM PDT
Second, Third, & Fourth **Wednesday**, 10-12 PM PDT
Third **Wednesday** of the month, 10:30-12 PM PDT
Second **Thursday** of the month, 2:30-4 PM PDT
Second **Thursday** of the month, 5:30-6:30 PM PDT
Third **Thursday** of the month, 10-11:30 AM PDT
Fourth **Thursday** of the month, 6-7:30 PM PDT
First **Friday** of the month, 9-10 AM PDT
Second **Friday** of the month, 9:30-10:30 AM PDT
Third **Saturday** of the month, 10-11:30 AM PDT
To join a support group, please call **800.272.3900**

Grupos de Apoyo en Español

Martes, 13 y 27 de julio, 1-2:30 PM PST

Para registrarse para el Grupo de Apoyo
Teléfono, comuníquese con Linda Loera al
(213) 220-0713 o lloera@alz.org.

Early Stage Social Engagement

Join us for free virtual social activities and connect with others living with early memory loss. Care partners welcome!

• **Alz Explorer**

Wednesday, July 7, 14, 21, & 28 at 3-4 PM PDT
Join Alz Explorer for different virtual activities such as master gardening, magic, cooking, road trips and much more. RSVP with Jennifer Zuckerman at (760) 996-0006 or email jzuckerman@alz.org

• **Coffee and Conversation**

Tuesday, July 6 & 20 at 10-11:30 AM PDT
Connect with like individuals and care partners, to discuss current events and a variety of topics. To RSVP, contact Michelle Quiroga-Diaz at (818) 446-1687 or mquirogadiaz@alz.org

• **Hammer Museum Virtual Tour**

Friday, July 2 & 16 at 11-12 PM PST

Join Hammer Museum Student Educators for a virtual conversation about historic and contemporary works of art. RSVP with Yael Wyte at ywyte@alz.org